

# CLOTHING AND EQUIPMENT LIST

**April Fools Ski Trip**  
**BOEC-WILDERNESS PROGRAM**  
**BRECKENRIDGE, CO**  
**ELEVATION, 9,600 FT**

## Winter

Daytime temperatures range from 0-45 degrees Fahrenheit and snow is present on the ground. Please bring all items listed so you will be prepared for all types of weather. Please clearly label all items. ( ) suggested quantities for a 4-day program.

Because of the wide range of temperatures possible, it is best to bring several layers of clothing that can be taken off or put on to accommodate the weather and varying activity levels. Cotton clothing of any type does not work as well as an isolative fabrics such as wool or polypropylene. These fabrics breathe and retain heat even when wet. These fabrics are recommended for all programs.

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|---|----------------------------|
| **Heavy winter jacket (1)                                     | **Warm ski hat (1)         |
| Wool/pile sweater (1)   | Sunglasses (2)             |
| Heavy long pants (2)  | Flashlight w/batteries (1) |
| Long sleeved  | **Day pack-small (1)       |
| Shirt/turtleneck (3)  | Sleeping bag w/stuff sac   |
| **Snow pants (1)  | **Water bottle (1)         |
| **Winter boots-above the ankle (1)                            | **Sunscreen (spf 15+)      |
| Hiking boots/sneakers (1)                                     | Toothbrush/paste (1)       |
| Ski socks-thin (2)  | Comb/brush (1)             |
| Wool socks (3)  | Chapstick (1)              |
| Underwear (4)   | Camera/film (optional)     |
| **Long underwear (top &<br>bottom-synthetic fabrics only) (1) | Prescription medication    |
| Ski gloves/mittens (1)  |                            |

*\*\*These items can be provided by the BOEC, depending on availability. Please speak directly with Course Director or Agency Contact.*



**No cell phones or personal entertainment devices.**  
**The BOEC is not responsible for personal belongings.**  
**A replacement cost will be assessed for any lost or damaged BOEC equipment.**